

Avocado Chocolate Pudding

Author: Shane Martin Prep Time: 2 min. Cook Time: 5 min.Total Time: 7 min.
So easy to make, requires FIVE ingredients, and only 5 minutes. It's rich, creamy, and incredibly decadent. You'll never taste the avocado and it's kid approved!

Ingredients:

- 1 large ripe avocado
- 1/4 cup unsweetened cocoa powder
- 1/4 cup unsweetened almond milk
- 1/4 cup pure maple syrup
- 1 tsp. vanilla
- Pinch of salt

Instructions:

- In a food processor, blend all ingredients until smooth. Stop occasionally to scrape the bottom and sides of the food processor until all the little chunks of avocado are gone.
- Transfer to a bowl and store in fridge until ready to serve.
- Top with raspberries, chocolate chips or other favorite toppings such as toasted almonds, drizzled almond butter or shredded coconut.

